

Preparing to Travel

Your Passport & Visa

The date of your passport expiration must be at least 6 months after end of the trip

Prepare your passport first!

Visas: check requirements with the Embassy of the country you are travelling to and check on

<http://www.travisa.com>

You should allow ample time to obtain your visa

Flights

Book your own flights

As a student you can check

Student Travel

<http://www.statravel.com/>

Travel around the globe may mean 1 or 2 days travel, check your flight arrival carefully

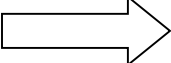
Credit Cards & Bank Cards

Copy all your cards and passports, keep copies with you and contact numbers in case of loss.

Pin numbers .. you may need your credit card pin number in some countries

General Medicines

Pepto Bismol or other stomach calming medicine

Immodium for diarrhea  *Senakot for the opposite*

Travelers medical kit

Personal items: condoms, prescription medicines,

Individual packets of tissues or handiwipes – CARRY AT ALL TIMES

NSU REQUIREMENTS

Emergency Medical and Repatriation of Remains Insurance requirement

Release of liability and Assumption of Risks Contract completed

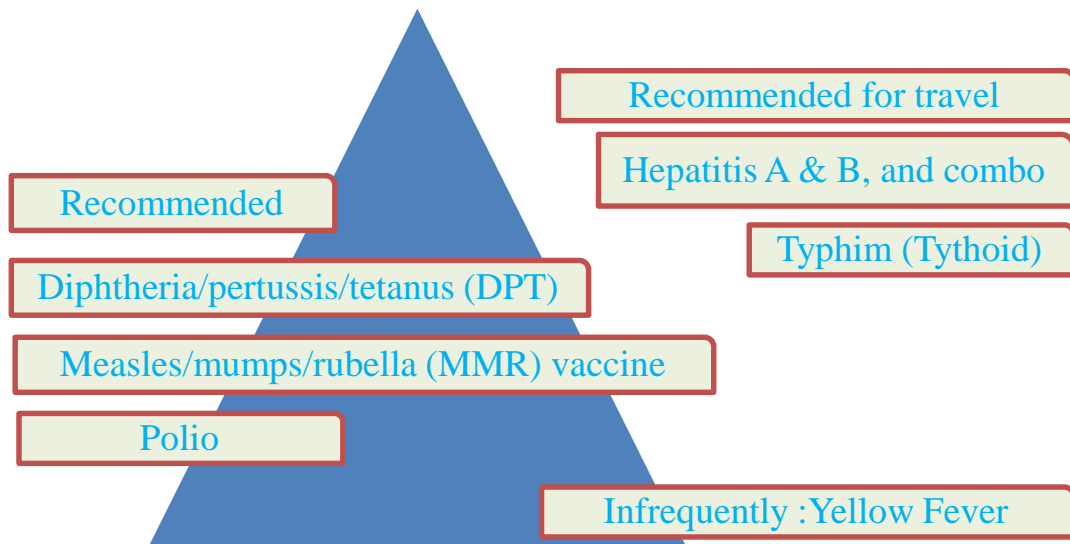
Student Information Form completed

Film Release Form

Copy of Passport

Immunizations

For all travel these days it is a good idea to have basic immunizations. You can check with the Center for Disease Control in Atlanta for updates. You can arrange to order the immunizations from your doctor or the County Health Departments. If you need several, then you should get started now. Hep A and B require a 6 month booster when you get back.



Vaccines

Health Information for Travelers to China

<http://wwwnc.cdc.gov/travel/destinations/traveler/none/china>